

Construct a reason or opportunity for your child to communicate by creating simple problems in your routines.

How does it work?



Create a simple problem for your child to solve or ask for help with. Try something unexpected to spark communication.

Why do we do it?



Helps develop your child's confidence in having conversations.



Lays the framework for self-advocacy skills.



Builds executive function skills to shift topics, initiate communication, and problem-solve.

Tips for success



Move the snacks to a new location.



Hand your child a container they cannot open or an empty cup.



"Forget" to bring ingredients for a recipe.



Only bring one pair of scissors for a group of children.